



**Louisville Public Schools District
Health (Details for Sex Ed)
Program Guide -- Updated 2013**



Achieving Excellence as a Community of Learners....

HEALTHY RELATIONSHIPS AND SEX EDUCATION

Vision:

The health curriculum provides students with the knowledge and critical thinking skills to become active, responsible, healthy individuals. Building strong wellness skills includes gaining an understanding of a healthy life style that include social, emotional and physical healthy decisions. A quality health curriculum promotes life-long learning and healthy actions.

Summary of Topics and Grade Levels

Elementary:

4th Grade: Maturity Talk, girls only. Lead by Mrs. Allen and school nurse.

5th Grade: Maturity Talk/Body Changes/Hygiene: boys and girls (separate). Lead by principal, counselor, and school nurse.

Middle School:

6th Grade Health: Nutrition, wellness, exercise, goal setting, drug use, & body changes (including hygiene). Lead by classroom teacher, required course.

7th Grade Science: Physical body systems (include reproductive & endocrine system) in science. Lead by classroom teacher, required course.

8th Grade: Students will participate in a full academic day of stations that will focus on sexual development and education. (Including anatomy, risky behaviors and STD's, decision making and contraceptives). The district will offer a parent informational meeting before our "wellness relationship days". Parents can choose to let students participate in the activities and will receive a summary of topics and objectives before the student day. Organized by school nurse, and counselor.

High School:

10th Grade Health: Required class, units include Healthy choices, relationships, risky behaviors, social and emotional health, parts and function of the reproductive system. This class is required for all students and is a semester long. More detailed information can be found on the district curriculum web page under course descriptions (www.lpslions.org)

What Do We Want Them To Know and Be Able to Do?

Over-arching Enduring Understanding:

